## **MENU ALLERGEN GUIDE**

## **MOTHERING SUNDAY 2025**

**IF YOU HAVE AN ALLERGY** please inform our team before ordering, or preordering; so that we can take additional reasonable steps to minimise the risk of allergen cross-contamination. **However we cannot guarantee any item is allergen-free.** 

This allergen guide, details all of the 14 key allergens that are present in the ingredients of each dish. However as our food is mainly homemade in our multi use kitchen (which handles all of the 14 key allergens), and suppliers of prepared foods vary, all food may contain traces of any of the 14 key allergens.

Some dishes may be adapted to remove the allergen containing ingredient (e.g. we have gluten free bread that can be swapped for normal bread) please ask our team, however adapted dishes still <u>may</u> contain traces of any of the 14 key allergens.

Red indicates presence of an allergen in a dish

		ery	ten	Crustaceans	_	s	<u>.</u>		Molluscs	Mustard	S	Peanuts	Sesame	a	Sulphites
	Aditional ALLERGEN Notes	Celery	Gluten	Cru	Fish	Eggs	Lupin	Milk	Mol	Μus	Nuts	Pea	Ses	Soya	Sut
STARTERS															
Lamb Koftas + mint riata + salad															
Sweetcorn Fritters + cherry tomatoes + avacado															
Smoked Salmon Pate + tomato/herb sourdough	gluten free bread available														
Duck Flatbread + plum sauce + sesame seeds															
Battered Kind prawns + sweet chilli															
MAINS															
Tuscan Salmon + sauteed potatoes + greens															
Moroccan falafel + blue corn flatbreads + dips + salad + sauteed potatoes															
Oven roasted cod + pappardelle pasta + seafood/lobster sauce															
ROLLED LAMB SHOULDER + dauphinoise potato + rosemary gravy + veg +£2															
1/2 Roast Chicken + cajun/garlic butter + sauteed potatoes + salad															
ROAST LEG OF PORK + STUFFING	Can be gluten free without Yorkshire Pudding or Stuffing														
SLOW ROASTED BEEF	Can be gluten free without Yorkshire Pudding														
ROAST BREAST OF TURKEY	Can be gluten free without Yorkshire Pudding or Stuffing														
Mushroom + sage nut loaf															
SIDES															
HONEY ROASTED PARSNIPS															
EXTRA YORKSHIRE PUDDING															
HOMEMADE CAULIFLOWER CHEESE															
EXTRA STUFFING															
SIX PIGS IN BLANKETS															
EXTRA BOWL OF ROASTIES															

MASH								
DESSERTS								
TREACLE SPONGE + CUSTARD V								
Vanilla Cheesecake + strawberry coulis + strawberry icecream								
POACHED PEAR + MANGO SORBET + RASPBERRY COULIS VE								
VANILLA CRÈME BRULEE + SHORTBREAD BISCUIT V	GF without Shortbread							
Salted caramel brownie sundae								
BREAKFAST MENU								
Ful English	GF Bread available							
Smashed avocado On sourdough	GF Bread available							
Amercian Style Pancakes								
Vegetarian Breakfast	GF Bread available							
KIDS MENU								
Cheese + Salsa Topped Nachos <sup>v</sup>								
Garlic Bread <sup>∨</sup>								
Lamb Koftas + tzatziki								
Sweetcorn fritters + avacado dip								
Roast Beef								
Roast Leg of Pork + Stuffing								
Roast Breast of Turkey + Stuffing								
Pork Sausages + Mash + Vegetables								
Linguini + Tomato/Basil sauce <sup>v</sup>								
Cheeseburger + chips								
2 Scoops of Cookie Dough Ice Cream <sup>v</sup>								