



BREAKFAST

served until 11.30am everyday

DRINKS

Our coffees are all made from freshly ground Lavazza rich roast beans

AMERICANO	£3.60
CAPPUCCINO OR LATTE	£3.90
FLAT WHITE	£4.10
ESPRESSO	£3.20
FRESHLY SQUEEZED JUICES IN A VARIETY OF FLAVOURS	£3.70
INDIVIDUAL POT OF ENGLISH BREAKFAST TEA	£3.10
SPECIALITY TEAS - ASK FOR CURRENT CHOICES	£3.50

HOT DRINKS AVAILABLE WITH **SOYA OR OAT MILK + 50P**

Plus a full selection of drinks from the bar (alcohol served from 10am)

BREAKFAST MENU

'THE THROCKMORTON' FULL ENGLISH	£12
LASHFORD'S SAUSAGE + 2 RASHERS OF BUTCHERS BACON + EGG + BUTTON MUSHROOMS + GRILLED TOMATO + BAKED BEANS + WHITE OR GRANARY TOAST	
...ADD BLACK PUDDING £1.50 OR TWO HASH BROWNS £2.50	
'THE THROCKMORTON' BIGGER BREAKFAST	£15
2 LASHFORD'S SAUSAGES + 2 RASHERS OF BUTCHERS BACON + BLACK PUDDING + 2 EGGS + BAKED BEANS + BUTTON MUSHROOMS + GRILLED TOMATO + 2 HASH BROWNS + WHITE OR GRANARY TOAST	
VEGETARIAN TRADITIONAL ENGLISH ^V	£10
2 VEGETARIAN SAUSAGES + EGG + BUTTON MUSHROOMS + TOMATO + BAKED BEANS + HASH BROWN + WHITE OR GRANARY TOAST	
LIGHTER BREAKFAST	£9
LASHFORD'S SAUSAGE + BUTCHERS BACON + EGG + HASH BROWN + WHITE OR GRANARY TOAST	
POACHED EGGS HOLLANDAISE ON MUFFIN	£9
WITH EITHER BACON OR SPINACH	
SMOKED KIPPERS + SCRAMBLED EGGS ON MUFFIN	£10
3 AMERICAN PANCAKES + BACON + MAPLE SYRUP	£8
EGGS ON MUFFIN, GRANARY OR WHITE TOAST ^V	£6
POACHED, SCRAMBLED OR FRIED	
BREAKFAST WRAP	£8
BACON + SAUSAGE + HASH BROWN + FRIED EGG IN A TORTILLA WRAP	
KID'S BREAKFAST (FOR UNDER 12'S ONLY)	£7
LASHFORDS SAUSAGE + EGG + BEANS + HASH BROWN + TOAST + ORANGE OR APPLE JUICE	

Please see reverse for allergy information



SMALL TAPAS PLATES

£7 each

STICKY PORK BELLY BITES

JALAPENO SLAW

GARLIC + PARMESAN CHICKEN WINGS

PASSATA DIP

WARM BREAD

OLIVES + OIL/BALSAMIC ^{VE}

HOME FRIED NACHOS

GUAC/SALSA/SOUR CREAM/JALAPENOS ^V

BATTERED KING PRAWNS

AIOLI DIP

BREADED WHITEBAIT

TARTARE SAUCE

GARLIC + CHIVE MUSHROOMS

CIABATTA ^V

MEATBALLS MARINARA

PARMESAN

FLATBREADS

GARLIC + HERB + CHEDDAR/MOZZARELLA ^V

£8

BRIE + BACON + CRANBERRY

£10

CHORIZO + RED ONION + MOZZARELLA

£10

GARLIC FLATBREAD ^V

£6

BURGERS + SANDWICHES

DOUBLE STEAK BURGER WITH BACON + CHEESE + BURGER SAUCE

£18

GREEK LAMB BURGER + CHILLI JAM + TZATZIKI + BABY GEM

£19

BETROOT/RED PEPPER/QUINOA BURGER + BABY GEM + SALSA ^V

£17

CRISPY BREADED CHICKEN BURGER + BABY GEM + MAYONNAISE

£18

BATTERED FISH GOUJONS + TARTARE SAUCE CIABATTA

£14

BRIE + CRANBERRY CIABATTA ^V (ADD BACON FOR £1.50)

£12

ALL DAY BREAKFAST WRAP - BACON + SAUSAGE + FRIED EGG + HASH BROWN £13

ALL BURGERS/SANDWICHES SERVED WITH DRESSED SALAD + SKIN ON FRIES

SIDES

MOZZARELLA STICKS ^V £7

HOMEMADE CHIPS ^{VE} £5

ONION RINGS ^V £6

SEASONED FRIES ^{VE} £5

IF YOU HAVE AN ALLERGY please inform our team before ordering, or preordering; so that we can take additional reasonable steps to minimise the risk of allergen cross-contamination. However **we cannot guarantee any item is allergen-free**.

Our online allergen guide, detailing details of every dish on this menu and the 14 key allergens, is available on our website (where we keep it so that it is always as up to date as possible). Even if you have visited us before please check online as suppliers and recipes are subject to change which can affect the allergens. Find it by scanning the QR code or visiting thethrockmorton.com/allergens (if you cannot access the internet we will be happy to provide you with the information)

As our food is mainly homemade in our multi use kitchen (which handles all of the 14 key allergens), and suppliers of prepared foods vary, **all food may contain traces** of any of the 14 key allergens.

All weights stated are approximate uncooked weights. Game may contain traces of shot. Fish may contain traces of bones, even if stated as boneless.

V = Vegetarian (Some dishes can also be adapted to become Vegan) VE = Made with Vegan ingredients. However due to the environments that food is prepared, cooked and served in, we cannot guarantee that any item is animal product free.

