

# BREAKFAST MENU

**Residents... Your breakfast choice is included in your room rate**

## TRADITIONAL ENGLISH BREAKFASTS

All traditional breakfasts include white or granary toast and your choice of poached, scrambled or fried egg

### LIGHTER TRADITIONAL ENGLISH £4.55

Lashford's Sausage, butcher's bacon, free range egg + grilled tomato

### 'THE THROCKMORTON' FULL ENGLISH £6.95

Lashford's sausage, 2 rashers of butchers bacon, free range egg, button mushrooms, grilled tomato + baked beans

### VEGETARIAN TRADITIONAL ENGLISH (V) £6.45

Vegetarian sausage, free range egg, button mushrooms, grilled tomato, baked beans + hash brown

## THE THROCKMORTON BREAKFAST PLATTER

Served on a platter to share at the table

Per person: 2 sausages, 2 bacon, 1 black pudding, 2 fried eggs, baked beans, button mushrooms, grilled tomato, 2 hash browns + toast

**Includes bottomless tea or coffee £8.95 per person**

Resident's £3 per person supplement

## EGGS + LIGHTER OPTIONS

### SMOKED HADDOCK + SCRAMBLED EGGS ON MUFFIN £4.95

### EGGS BENEDICT POACHED EGGS, HAM + HOLLANDAISE SAUCE £5.95

### EGGS ON MUFFIN, GRANARY OR WHITE TOAST (V) £3.55

### BREAKFAST SANDWICHES £3.75

Choose from bacon or sausage on muffin, white or granary bread

### EXTRA ITEMS FROM £0.75

Add any breakfast items to any breakfast or sandwich

## CONTINENTAL CHOICES

### 'THE FULL CONTINENTAL' £5.95

Ham, cheese, freshly baked croissant\*, butter, fruit jam, natural yoghurt + a selection of dried fruit

### INDIVIDUAL CEREAL PACK WITH SEMI-SKIMMED MILK (V) £2.25

### WHITE OR GRANARY TOAST BUTTER + MIXED PRESERVES (V) £2.25

### FRESHLY BAKED CROISSANT BUTTER + PRESERVES (V)\* £2.95

\*Croissants are freshly baked so take 10-15 minutes

## DRINKS

### LAVAZZA COFFEE FULL ROAST OR DECAF £2.55

### INDIVIDUAL POT OF ENGLISH BREAKFAST TEA £1.95

### SPECIALITY TEAS £2.25

### FROBISHER'S FRESH SQUEEZED JUICES VARIETY OF FLAVOURS £2.65

**This menu is served until 12 noon everyday**

*Please see main menu for allergy information*

Served 12 to 6pm Monday to Saturday

## SANDWICHES + WRAPS

All served on your choice of white or granary farmhouse loaf or tortilla wrap, served with a dressed salad garnish

<b>CHEDDAR + FLAME ROASTED TOMATO CHUTNEY</b> <sup>VGL</sup>	<b>£4.95</b>
<b>HOMECOOKED, HAND CARVED HAM + ENGLISH MUSTARD</b> <sup>GL</sup>	<b>£5.95</b>
<b>PRAWN COCKTAIL WITH GEM LETTUCE + MARIE ROSE SAUCE</b> <sup>GL</sup>	<b>£5.95</b>
<b>SLOW ROASTED BEEF (SERVED COLD) + HORSERADISH</b> <sup>GL</sup>	<b>£6.95</b>
<b>HAND BATTERED FISH FINGERS + TARTARE SAUCE</b> <sup>GL</sup>	<b>£6.95</b>
<b>BRIE + CRANBERRY</b> <sup>VGL</sup> <b>£5.95</b> <b>WITH BACON</b> <sup>GL</sup>	<b>£6.95</b>
<b>LASHFORD'S PORK SAUSAGE + WHOLEGRAIN MUSTARD</b> <sup>GL</sup>	<b>£6.95</b>

## SMALL PLATES

Ideally sized at three between two as a starter to share

**£4.95 each or 3 for £12.95**

<b>KOREAN STICKY PORK RIBS</b>	<b>3 BEAN CHILLI TOPPED NACHOS</b>
<b>CLASSIC MEATBALL MARINARA</b>	+ MELTED MOZZARELLA <sup>VGL</sup>
<b>GARLIC FLAT BREAD</b>	<b>BREADED WHITEBAIT</b>
+ ANTI PASTI OLIVES <sup>VGL</sup>	+ LEMON CRÈME FRAICHE <sup>GL</sup>
<b>BREADED BRIE BITES</b>	<b>SHELL ON KING PRAWNS</b>
+ SWEET CHILLI <sup>VGL</sup>	+ GARLIC BUTTER <b>£3</b> <sup>GFO L</sup>
<b>HALLOUMI FRIES + JALAPENOS</b> <sup>VGL</sup>	<b>SPICY ONION BHAJIS + MINT SAUCE</b> <sup>GL</sup>

## SIDES

<b>HAND CUT CHUNKY CHIPS</b> <sup>VE</sup>	<b>£2.45</b>	<b>GARLIC FLAT BREAD</b> <sup>VGL</sup>	<b>£2.45</b>
<b>SWEET POTATO FRIES</b> <sup>VE</sup>	<b>£3.50</b>	<b>GARLIC FLAT BREAD</b>	<b>£2.95</b>
<b>SKIN ON FRIES</b> <sup>VE</sup>	<b>£2.95</b>	WITH CHEDDAR CHEESE <sup>VGL</sup>	
<b>BATTERED ONION RINGS</b> <sup>VGFO L</sup>	<b>£1.95</b>	<b>GARLIC FLAT BREAD</b>	<b>£3.45</b>
<b>DRESSED MIXED SALAD</b> <sup>VE</sup>	<b>£1.95</b>	WITH CHEESE + CHUTNEY <sup>VGL</sup>	

For allergy information please see main menu

*Also served in the dining area*

FIXED PRICE

## LUNCH MENU

2 Courses

**£10.95**

3 Courses

**£13.95**

Monday to Saturday - 12 to 5pm