

# BREAKFAST MENU

**Residents... Your breakfast choice is included in your room rate**

## TRADITIONAL ENGLISH BREAKFASTS

All traditional breakfasts include white or granary toast and your choice of poached, scrambled or fried egg

**LIGHTER TRADITIONAL ENGLISH £4.95**

Lashford's Sausage, butcher's bacon, egg + grilled tomato

**'THE THROCKMORTON' FULL ENGLISH £7.35**

Lashford's sausage, 2 rashers of butchers bacon, egg, button mushrooms, grilled tomato + baked beans

**VEGETARIAN TRADITIONAL ENGLISH (V) £6.85**

Vegetarian sausage, egg, button mushrooms, grilled tomato, baked beans + hash brown

## THE THROCKMORTON BIGGER BREAKFAST

2 Lashford's sausages, 2 rashers of butchers bacon, black pudding, 2 eggs, baked beans, button mushrooms, grilled tomato, 2 hash browns + white or granary toast

**£9.45 - Resident's £3 per person supplement**

## EGGS + LIGHTER OPTIONS

**SMOKED HADDOCK + SCRAMBLED EGGS ON MUFFIN £5.95**

**EGGS BENEDICT POACHED EGGS, HAM + HOLLANDAISE SAUCE £5.95**

**EGGS ON MUFFIN, GRANARY OR WHITE TOAST (V) £3.85**

**BREAKFAST SANDWICHES £4.45**

Choose from bacon or sausage on muffin, white or granary bread

**EXTRA ITEMS FROM £0.75**

Add any breakfast items to any breakfast or sandwich

## CONTINENTAL CHOICES

**'THE FULL CONTINENTAL' £6.25**

Ham, cheese, freshly baked croissant\*, butter, fruit jam, natural yoghurt + a selection of dried fruit

**INDIVIDUAL CEREAL PACK WITH SEMI-SKIMMED MILK (V) £2.45**

**WHITE OR GRANARY TOAST BUTTER + MIXED PRESERVES (V) £2.45**

**FRESHLY BAKED CROISSANT BUTTER + PRESERVES (V)\* £2.95**

\*Croissants are freshly baked so take 10-15 minutes

## DRINKS

**LAVAZZA COFFEE FULL ROAST OR DECAF (WITH CREAM +50P) £2.75**

**INDIVIDUAL POT OF ENGLISH BREAKFAST TEA £2.25**

**SPECIALITY TEAS £2.45**

**FROBISHER'S FRESH SQUEEZED JUICES VARIETY OF FLAVOURS £2.75**

**This menu is served until 12 noon everyday**

*Please see main menu for allergy information*

Served 12 to 6pm Monday to Saturday

## SANDWICHES + WRAPS

All served on your choice of white or granary farmhouse loaf or tortilla wrap, served with a dressed salad garnish

MATURE CHEDDAR + FLAME ROASTED TOMATO CHUTNEY <sup>VG D</sup>	£5.45
HOMECOOKED, HAND CARVED HAM + ENGLISH MUSTARD <sup>GD</sup>	£5.95
PRAWN COCKTAIL + GEM LETTUCE + MARIE ROSE SAUCE <sup>GD</sup>	£6.75
CHICKEN + BACON + MAYONNAISE <sup>GD</sup>	£7.25
HAND BATTERED FISH FINGERS + TARTARE SAUCE <sup>GD</sup>	£6.95
EGG MAYONNAISE + CRESS <sup>VG D</sup> ADD BACON + £1	£5.45
LASHFORD'S PORK SAUSAGE + WHOLEGRAIN MUSTARD <sup>GD</sup>	£6.95

## SMALL PLATES

Ideally sized at three between two as a starter to share

**£4.95 each or 3 for £13.95**

KOREAN STICKY PORK RIBS	SATAY CHICKEN SKEWERS + CORIANDER SALSA <sup>NG D</sup>
CRISPY CALAMARI + JALAPENO TARTARE SAUCE <sup>GD</sup>	WHITEBAIT + LEMON CRÈME FRAICHE <sup>GD</sup>
GARLIC BREAD + ANTI PASTI OLIVES <sup>VG D</sup>	JUMBO BATTERED PRAWNS + SWEET CHILLI DIP +£2 <sup>G</sup>
FETA, BEETROOT + SUNDRIED TOMATO SALAD <sup>VD</sup>	NACHOS + SALSA + JALAPENOS + MELTED MOZZARELLA <sup>GV D</sup>
HALLOUMI FRIES + JALAPENOS <sup>VG D</sup>	

## SIDES

HAND CUT CHUNKY CHIPS <sup>VE</sup> £2.95	GARLIC BREAD + CHEDDAR CHEESE <sup>VG D</sup> £3.25
SKIN ON FRIES <sup>VE</sup> £2.95	HOMEMADE ASIAN SLAW <sup>VG D</sup> £3.25
SWEET POTATO FRIES <sup>VE</sup> £3.75	ONION RINGS <sup>VGFO D</sup> £2.25
GARLIC BREAD <sup>VG D</sup> £2.65	DRESSED MIXED SALAD <sup>VE</sup> £1.95

For allergy information please see main menu

*Also served in the dining area*

FIXED PRICE

## LUNCH MENU

2 Courses

£10.95

3 Courses

£13.95

Monday to Saturday - 12 to 5pm