

BREAKFAST MENU

Residents... Your breakfast choice is included in your room rate

TRADITIONAL ENGLISH BREAKFASTS

All traditional breakfasts include white or granary toast and your choice of poached, scrambled or fried egg

LIGHTER TRADITIONAL ENGLISH £4.95

Lashford's Sausage, butcher's bacon, egg + grilled tomato

'THE THROCKMORTON' FULL ENGLISH £7.35

Lashford's sausage, 2 rashers of butchers bacon, egg, button mushrooms, grilled tomato + baked beans...**add black pudding for 75p**

VEGETARIAN TRADITIONAL ENGLISH (V) £6.85

Vegetarian sausage, egg, button mushrooms, grilled tomato, baked beans + hash brown

THE THROCKMORTON BIGGER BREAKFAST

2 Lashford's sausages, 2 rashers of butchers bacon, black pudding, 2 eggs, baked beans, button mushrooms, grilled tomato, 2 hash browns + white or granary toast

£9.45 - Resident's £3 per person supplement

EGGS + LIGHTER OPTIONS

SMOKED MACKEREL FILLET + SCRAMBLED EGGS ON MUFFIN £5.95

EGGS BENEDICT POACHED EGGS, HAM + HOLLANDAISE SAUCE £5.95

EGGS ON MUFFIN, GRANARY OR WHITE TOAST (V) £3.85

BREAKFAST SANDWICHES £4.45

Choose from bacon or sausage on muffin, white or granary bread

EXTRA ITEMS FROM £0.75

Add any breakfast items to any breakfast or sandwich

CONTINENTAL CHOICES

'THE FULL CONTINENTAL' £6.25

Ham, cheese, freshly baked croissant*, butter, fruit jam, natural yoghurt + a selection of dried fruit

INDIVIDUAL CEREAL PACK WITH SEMI-SKIMMED MILK (V) £2.45

WHITE OR GRANARY TOAST BUTTER + MIXED PRESERVES (V) £2.45

FRESHLY BAKED CROISSANT BUTTER + PRESERVES (V)* £2.95

*Croissants are freshly baked so take 10-15 minutes

DRINKS

LAVAZZA COFFEE FULL ROAST OR DECAF (WITH CREAM +50P) £2.75

INDIVIDUAL POT OF ENGLISH BREAKFAST TEA £2.25

SPECIALITY TEAS £2.45

FROBISHER'S FRESH SQUEEZED JUICES VARIETY OF FLAVOURS £2.75

This menu is served until 12 noon everyday

Please see main menu for allergy information

SANDWICHES + WRAPS

SERVED MONDAY TO SATURDAY 12 TO 6PM - PLEASE ORDER AT THE BAR

All served on your choice of white or granary farmhouse loaf or tortilla wrap, served with a dressed salad garnish

MATURE CHEDDAR + RED ONION CHUTNEY ^{VG D}	£5.45
TUNA + SPRING ONION + MAYONNAISE ^{G D}	£5.95
PRAWN COCKTAIL + GEM LETTUCE + MARIE ROSE SAUCE ^{G D}	£6.75
BACON + LETTUCE + TOMATO + MAYONNAISE ^{G D}	£6.75
HAND BATTERED FISH FINGERS + TARTARE SAUCE ^{G D}	£6.95
PULLED BBQ JACKFRUIT + GEM LETTUCE ^{VEO G D}	£6.45
LASHFORD'S PORK SAUSAGE + WHOLEGRAIN MUSTARD ^{G D}	£6.95

SMALL PLATES

SERVED MONDAY TO SATURDAY 12 TO 9PM - PLEASE ORDER AT THE BAR

Ideally sized at three between two as a starter to share

£4.95 each or 3 for £13.95

KOREAN STICKY PORK RIBS	BREADED WHITEBAIT
DUO OF SMOKED MACKEREL ^{G D}	+ LEMON CRÈME FRAICHE ^{G D}
GARLIC BREAD + ANTIPASTI OLIVES ^{VG D}	HALLOUMI FRIES + DEEP FRIED
BBQ JACKFRUIT NACHOS	JALAPENOS ^{VG D}
JALAPENOS + CHEDDAR ^{VG D}	JUMBO PRAWNS PAN FRIED IN GARLIC,
FIRECRACKER CHICKEN + RED PEPPER	LEMON + CHILLI +£2 ^{D G}
SKEWERS + HOT SAUCE ^{G D}	MINI LAMB KOFTAS + MINT RAITA ^{G D}

BURGERS

SERVED MONDAY TO SATURDAY 12 TO 9PM - PLEASE ORDER AT THE BAR

All burgers are served on brioche bun with gem lettuce, tomato, gherkin, relish, side salad and skin on fries

8OZ GOURMET STEAK BURGER ^{G D}	£12.45
HAND BATTERED FISH FILLET BURGER ^{G D}	£13.95
PANKO BREADED CHICKEN BURGER ^{G D}	£12.45
PULLED BBQ JACKFRUIT BURGER ^{VG D}	£11.95
ADD CHEESE ^{VD} (+£1) OR BACON (+£1) TO ANY BURGER	

SIDES

HAND CUT CHIPS ^{VE} £2.95	GARLIC BREAD + CHEDDAR CHEESE ^{VG D} £3.25
SKIN ON FRIES ^{VE} £2.95	ANTIPASTI OLIVES ^{VE} £2.50
SWEET POTATO FRIES ^{VE} £3.75	ONION RINGS ^{VGFO D} £2.25
GARLIC BREAD ^{VG D} £2.65	DRESSED MIXED SALAD ^{VE} £1.95

For allergy information please see main menu